

“EXCELLENCE IN ALL THINGS”

Kickoff Event

January 11, 2012

7:00 p.m.

Reverend Curtis Raines

Senior Pastor

New Pilgrim Missionary Baptist Church

Macon, Georgia

and

Mount Zion Baptist Church

Bolingbroke, Georgia

and

Vice President

General Missionary Baptist Convention of Georgia, Inc.

COME & INVITE A GUEST!



***Central Union
Missionary Baptist Church
Holy Consecration 2012***

40 *Days of Prayer,
Fasting and
Stewardship Study*

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Dr. K. Daniel Dawsey, Pastor/Teacher

2012 CONSECRATION COVENANT

Today, I, _____, make this covenant with Pastor Dawsey and the members of Central Union Missionary Baptist Church on the _____ day of _____, 2012.

I will commit to:

- Entering into a 40-day period of Consecration
- Spending personal prayer time with the Lord
- Reading the “*40 Days to a more Generous Life*” devotional
- Daily prayer for our First Family, all church leaders and the entire church family
- Following the fasting guidelines (to the best of my ability)
- Searching for God’s guidance on my sacrificial gift(s) to Phase 2 of the “Vision to Victory Capital Campaign”
- Not discussing this period of consecration with others who are not or do not plan to sacrifice.
- Loving and caring about ALL members of CUMBC
- Whole-hearted support of CUMBC and her leaders
- Keeping a journal of my 40-day journey

Email Address: _____

Phone: _____

Name (Please Print)

Signature

FASTING

Fasting has fallen into such widespread disuse that people do not know its power. Fasting is a spiritual discipline meant to help us win the battle against our flesh.

What is a fast? Fasting is abstaining from any appetite [food, entertainment, recreation, employment, even ministry] that has taken priority or preeminence and eclipsed our passion for spending time with God. Fasting is nothing without the ministry of prayer. Fasting and prayer cause us to become more spiritually sensitive to our Lord, resulting in more power to combat the forces of Satan. Fasting is meant to quiet and silence the desires of the flesh while strengthening the power of the Spirit within us.

How do I fast? Without the continual involvement of prayer, fasting is nothing more than a diet or starving of the body. Prayer must serve as a vehicle to abstain from and overcome any and all adversaries of the devil. Prayer will serve as a combat, and will allow you to stay in communication with God.

How do I begin? To begin our daily fast, remember to do the following:

- Begin each day with prayer
- Set the atmosphere to avoid distractions (candles, a nice worship CD, etc.)
- Lay prostrate (stretched flat on the floor, face down if you are able) before the Lord

Why are we fasting?

- The need to crucify your flesh – James 4:1-3
- To hear the voice of God – Exodus 34:27-28
- The need for power – Luke 4:1-3

BENEFITS of THE FAST

There is a battle in each and every one of us between God's Spirit and our fleshly desire, which work against His Spirit (see Romans 7; 15-25; 8: 5-14). As we deny our flesh of its pleasures, we spend extra time in prayer and the study of God's Word. Most people who fast miss the true power and purpose of fasting, because they simply give up something, without simultaneously spending more time with God. If you commit yourself totally to this time of consecrated prayer and fasting, I believe several things will happen in your life:

1. You will draw closer to the Lord in every way and develop the discipline and passion of prayer and study of His Word that you will keep even after Holy Consecration.
2. You will be forced to spend more time with God and more quality conversation and devotional time with your family in the absence of television.
3. The Spirit will break certain habits and addictions that are not of the Lord so that even when Holy Consecration is completed, you will not return to them.
4. Your witness to the non-believers and even the believers in your life will be strengthened.
5. You will be a conduit (participant) in the earth-shattering encounter that our church will soon have with God.

SACRIFICE

During this period of Holy Consecration, it is necessary that you find a quiet place where you can retreat with the Lord daily. Withdraw from as much of the world as possible to spend all of your time with the Lord. Specifically, I am asking that you abide by the following:

During the 40-Day period, I am asking that you give up or restrain from using the following:

<i>Alcoholic Beverages</i>	<i>Literature (Non-spiritual) *</i>
<i>Arguing</i>	<i>Lying</i>
<i>Back Talking Your Parents</i>	<i>Laziness</i>
<i>Caffeine</i>	<i>Secular Music/Movies *</i>
<i>Cursing</i>	<i>Impulse Shopping</i>
<i>Dancing/Clubbing</i>	<i>Stealing</i>
<i>Fast Food</i>	<i>Sweets</i>
<i>Fornication</i>	<i>Tardiness</i>
<i>Gambling</i>	<i>Telephone/Television (not more than 3hrs)</i>
<i>Gossiping</i>	<i>Tobacco Products</i>
<i>Illegal Substances</i>	<i>Texting while driving or at work</i>
<i>Internet (Recreational use; limit to 30 minutes)*</i>	<i>Video Games (one hour per day) *</i>

**NO unnecessary phone conversation except with your prayer partner or with other believers to share what God is speaking to you during the fast.*

**Recommended times are per day.*

**NO movies, video rentals (unless they are religious in nature. No clubs (only Christian Fellowships).*

If these or other things **not** listed above are hindering your relationship with God and/or stunting your spiritual growth, please sacrifice those things during the entire 40-Day Consecration Period. Pray daily for deliverance from those specific things and feel free to use a Daily Prayer Journal.

SCRIPTURES that TEACH ABOUT FASTING

Examples of Corporate Fasts:

- **I Samuel 7: 5-6** “*And Samuel said, Gather all Israel... and they gathered... and fasted...*”
- **Ezra 8: 21-23** “*Then I proclaimed a fast... So we fasted and besought our God...*”
- **Nehemiah 9: 1-3** “*...the children of Israel were assembled with fasting...*”
- **Joel 2: 15-16** “*...sanctify a fast, call a solemn assembly; gather the people...*”
- **Jonah 3: 5-10** “*the people... proclaimed a fast...from the greatest of them even to the least.*”

Examples of the Individual Fast:

- **II Samuel 12: 15-16, 22-22** “*...and David fasted, and went in, and lay all night upon the earth.*”
- **I Kings 21:27-29** “*When Ahab heard those words, he... fasted, and lay in sackcloth, and went softly.*”
- **Psalms 35: 13** “*But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting...*”
- **Daniel 9:3** “*And there was one Anna, a prophetess... a widow of about 44 years, which departed not from the temple, but served God with fasting and prayers night and day.*”
- **Acts 9:9** “*...and neither did eat nor drink.*”

PUT YOURSELF ON A SCHEDULE

In order to help with your commitment, let me give you a few simple instructions:

Morning

- Begin your day in prayer, praise and worship.
- Read and meditate on God's Word from the "40 Day Spiritual Journey to a more Generous Life" pamphlet. For your convenience, this information will also be posted to the CUMBC webpage at www.centralunion.net.
- Invite the Holy Spirit to work in you to will and to perform His good pleasure according to Philippians 2:13.
- Invite God to use you. Ask Him to show you how to influence your world, your family, your church, your community and your country and even beyond.
- Pray for His vision for your life and empowerment to do His will.

Noon

- Return to prayer and God's Word.
- Take a short prayer walk.
- Spend time in intercessory prayer.
- Pray for your First Family & Leadership.

Evening

- Get alone for an unhurried time of "seeking His face."
- If others are fasting with you, meet together for prayer. Having a prayer partner can be a great help.
- Avoid distractions that may dampen your spiritual focus.
- When possible, begin and end each day in prayer, praise and worship with your spouse or family member(s). If you want to spend more time with our Lord in prayer and study of His Word it is better to do this alone.

**All persons who work night shift may need their fasting schedule adjusted. Please see Pastor Dawsey for guidance.*

PRAYER SCHEDULE

January 11 - January 20, 2012

6:30 - 7:00 a.m. Noon - 12:30 p.m. 6:30 - 7:00 p.m.

January 31 - February 9, 2012

6:30 - 7:00 a.m. Noon - 12:30 p.m. 6:30 - 7:00 p.m.

FASTING SCHEDULE

January 21 - January 30, 2012

The Fast starts when you wake up on day one until bedtime the last day.

Only water, fruit, nuts, vegetables, salads, fish or chicken
(No red meat or desserts during this time)

February 10th - February 19th

Only water, fruit, nuts, vegetables, salads, fish or chicken
(No red meat or desserts during this time)

SPECIAL NOTES: If you take prescription drugs please check with your doctor prior to beginning the fast.

Both the prayer and fasting periods are broken into 10 day periods. This gives us 20 days of prayer and 20 days of fasting, however, some of you may be led to keep both the prayer and fasting times throughout the 40 Days. Should you feel led of the Holy Spirit to do so, I encourage you to follow the leading of the Spirit.

Also, please don't eat after midnight – the fast actually begins once you go to bed. Waking up before 6am to eat defeats the purpose of the fast.)

ALSO! Be sure to drink at least one gallon of water daily.